

# Exodus 14:10-15 – Fear Not!

1. **Exodus 14:10 - 15**
2. **I Corinthians 10:6-11**
3. **Psalm 106:7-13**

We face impossible situations all the time. Some God has led us into... some we have created. Each one of these opportunities offers us the choice whether to turn to God for His guidance and His answer or take things into our own hands (Abraham and Sarah).

4. "As Pharaoh approached, the people of Israel looked up and panicked..."
  - a. "they were very afraid..." (NKJV)
  - b. "...they became very frightened..." (NASB)
  - c. "...they were terrified...)" (NIV)

5. Definition - Fear:

An unpleasant emotion caused by the belief that someone or something is dangerous, likely to cause pain, or a threat.

...[terror](#), [fright](#), fearfulness, [horror](#), [alarm](#), [panic](#), [agitation](#), [trepidation](#), [dread](#), [consternation](#), [dismay](#), [distress](#); [anxiety](#), [worry](#), [angst](#), [unease](#), [uneasiness](#), [apprehension](#), apprehensiveness, [nervousness](#), nerves, [perturbation](#), [foreboding](#);

6. What causes us fear (agitation, dread, distress, anxiety, worry, uneasiness, apprehension, nervousness)?
  - a. Fear of the new?
  - b. Fear of failure?
  - c. Fear of being judged by people?
  - d. Fear of being hurt?
  - e. Fear of dying? Dying is actually the ultimate fear for that is behind all fears. It may not be dying physically, but being out of control, being humiliated, losing your image, losing what you want etc... these are all part of what hinders us and keeps us from enjoying what God has for us.

7. **Hebrews 2:9, 14-15** – Jesus has broken the power of the devil... the power of fear and death!

8. **Luke 9:23-24** – Dead people don't fear! Rather than run away from death, God's answer for us is to embrace it, to die in Christ to our own life so that we might experience His life!
  
9. Fear is basically a **lack of trust in God**... His love, His presence, His acting in our behalf. It was fear that caused Abraham and Sarah to take things into their own hands and create Ishmael! It was fear that caused the downfall of Saul and many other of the Kings of Judah and Israel. It is usually fear that creates our problems. Fear motivates people to act wrongly.
  
10. God's answer to our fear is LOVE! – **I John 4:16-18**