

# Transformed in my Relational Health

## Lesson 5

Romans 12:2 – “...let God transform you into a new person by changing the way you think.

“Changing the way we think about relationships”

John 13:34

“So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. “

I John 4:7-12, 19-5:1

1. Love is a \_\_\_\_\_, not a \_\_\_\_\_

“Anyone who loves is born of God and knows God. But anyone who does not love does not know God – for God is love.” (I John 4:7-8)

2. Loving \_\_\_\_\_ and Loving \_\_\_\_\_ go together

“If someone says, “I love God,” but hates a Christian brother or sister, that person is a liar; for if we don’t love people we can see, how can we love God, whom we cannot see?” (I John 4:20)

3. Our relationship with God \_\_\_\_\_ upon our relationship with people

"Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering. "Make friends quickly with your opponent at law while you are with him on the way, so that your opponent may not hand you over to the judge, and the judge to the officer, and you be thrown into prison. - (Matthew 5:23-25)

In other words,

Don’t put off reconciling your conflicts but settle them as quick as you can. They affect your worship and if allowed to linger, they can become your prison!

**There is hope for us... Romans 12:18**

**Do all that you can to live in peace with everyone.**

**If possible, so far as it depends on you, be at peace with all men.**

**4. Relational health (recap)**

**\*Accept that \_\_\_\_\_ with God means having  
\_\_\_\_\_ relationships with people!**

**\*Christian relationships are to be \_\_\_\_\_ by love!**

**\*We must be \_\_\_\_\_ about loving... especially believers!**